

# **INSTRUCTIONS**

FOLLOW THE STEP BY STEP INSTRUCTIONS BELOW OR SIMPLY OPEN YOUR PHONE CAMERA AND SCAN THE CODE TO SEE MR. JONES IN ACTION - NOT AN APP.



MOST IMPORTANT: Open a bottle of red wine, pour red wine into glasses & have a drink!

#### MISE EN PLACE

(Fancy restaurant talk for getting shit organised)

- Refrigerate if not cooking straight away
- Pull STEAK BOX & Secret Herb Butter Sauce out of fridge at least *one hour* before you plan on cooking
- Pre-heat your oven to 200 degrees celcius for 30 minutes
- Boil a large pot of water
- Set table while waiting treat your self & your mon amour with a candelabra
- POUR YOURSELF ANOTHER GLASS OF WINE!

### **STEAK BOX**

Cape Grim Angus Porterhouse Steak & Pomme Anna

- Discard cardboard from the STEAK BOX, oil the steaks and then season both sides with the Entrecôte Steak Seasoning provided
- Unwrap a French butter pat and pop it on top of your seasoned steak
- Leave the potato 'Pomme Anna' in the STEAK BOX
- Place the STEAK BOX in your oven middle shelf
- Cook to your desired 'Cuisson'- cooking temperature from the instructions over leaf- flip your steaks half way through your desired cooking time. (ie for medium rare 12 mins total turn at 6 minutes)
- Remove **STEAK** from the STEAK BOX and rest on a plate in a warm place
- Potato 'Pomme Anna' will take around **20 mins** or until golden crispy on top so leave this in oven after taking your steaks out
- Resting *VERY important* rest your steak for half the cooking time. (*ie. for medium rare rest for 6 minutes*)
- Carve your steaks into 5 or 6 slices and place on your plates next to your golden 'Pomme Anna'

Vegetarian Mushroom & Leek Pithivier with Pomme Anna

- Discard cardboard from the foil tray
- Bake in oven for 18—22 minutes until golden and crispy

#### **BAGUETTE**

Sprinkle your par-baked baguette liberally with water and pop in the oven for **6 mins** on the oven rack next to your STEAK BOX

#### **SALAD**

• Simply toss French Salad Dressing through our soft leaves salad with radish & walnuts (contains nuts)

# SECRET HERB BUTTER SAUCE

\*(contains nuts)

- Has your sauce been out of the fridge for at least one hour?
- Make sure you flatten contents of the sauce pouch
- Submerge in your pot of hot water for 30 seconds
- Remove with tongs, place on a cloth and give the bag a massage to mix the sauce
- Pour sauce in to a bowl and then spoon over your steaks and... voila!

N.B Should your sauce 'split' from over heating, pour into bowl and add 1 tablespoon of very cold water – whisk with fork until the sauce comes back together



#### **COOKING TEMPERATURE GUIDE**



Blue rare (115F)- seared on the outside, completely red throughout. Meat remains gel-like in texture and difficult to chew; juices are not yet flowing freely.



**Medium** (134F) - seared outside, 25% pink showing inside. Much drier and tougher than *The Perfect Steak*, but still palatable.



Rare (120F)- seared and still red 75% through the centre.

Once the heat transfer is completed during the resting period, this steak will achieve *The Perfect Steak* - tender & inject.



Medium well (150F) - done throughout with a slight hint of pink. Past the point of no return.



Medium rare (126F)- seared with 50% red centre. Just passed the point of *The Perfect Steak*.



Well done (160F) - 100% brown. Waste of a good quality steak

TERM (FRENCH)	DESCRIPTION	INTERNAL TEMP	COOKING TIME
Rare (saignant)	cold red center; soft	52–55 °C	10mins
Medium rare (à point)	warm red center; firmer	55–60 °C	12mins
Medium (demi-anglais)	pink and firm	60–65 °C	14mins
Medium well (cuit)	small amount of pink in the center	65–69 °C	16mins
Well done (bien cuit)	grey-brown throughout; firm	71-100 °C	18mins

NB: These Cookings times are based on pre heated fan forced oven of 200c Cooking times may vary depending on the quality of your oven, use this as a guide only.



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## **PUT ON THE FRENCH TUNES!**

Scan the QR code to play Entrecôte at Home playlist put together by Bremi and Mr. Jones on Spotify.

